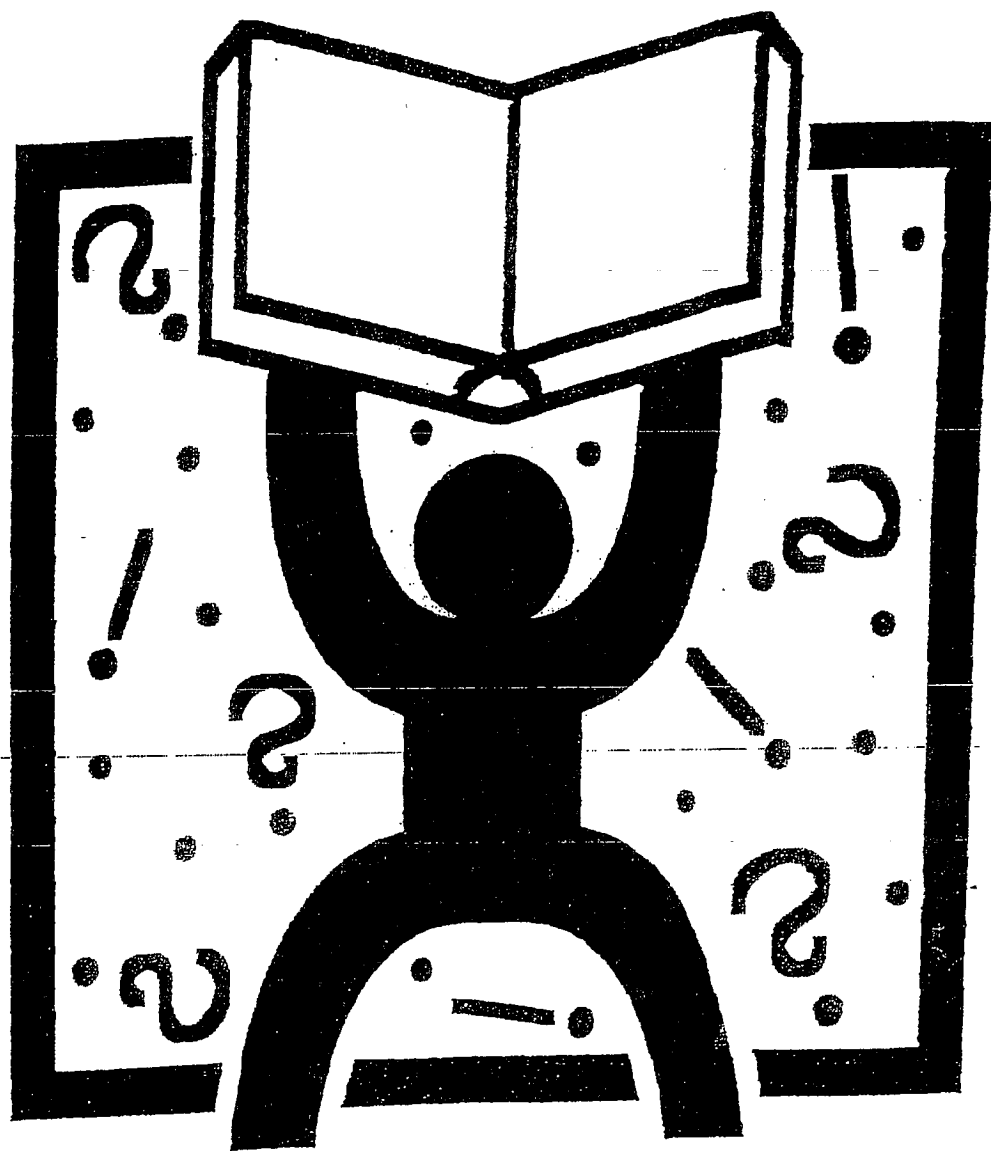


Fourth Grade



Handbook

Healthy Classroom Snacks



GRAIN FOODS

Whole grain bread
Bagel (half)
English muffin (whole wheat)
Low-fat muffin (fruit or grain)
Ginger snaps
Graham crackers
Honey Maid Graham Sticks®
Reduced-fat Triscuits®
Vanilla wafers
Saltine crackers
Snackwells® crackers
Low-fat animal crackers
Reduced-fat Wheat Thins®
Multigrain Wheat Thins Chips®
Pretzels
Fig bars
Rice cakes or mini rice cakes (flavored)
Teddy Grahams®
Baked tortilla chips
Low-fat granola bars
Quaker Graham Cereal Bars®
Dry cereal (Chex,® Cheerios,® Kix®)

FRUITS & VEGETABLES

Seasonal fresh fruit (washed)
Canned fruit (in juice, water, or light syrup)
Del Monte & Dole fruit bowls
Dried fruit
Fresh vegetables

DAIRY PRODUCTS

Low-fat yogurt
Yogurt smoothies (Dannon,® Yoplait®)
String cheese
Low-fat cheese slices (3 grams fat/1 oz)
Low-fat pudding

MEAT

Turkey Breast
Chicken
Roast Beef
Ham

BEVERAGES

Diet or regular V8 Splash®
100% fruit juice
Crystal Light®
Sugar-free Kool-Aid®
Skim or 1% milk
Water (flavored)

ADDITIONAL TREATS

Fruit snacks
Frozen fruit bars
Frozen yogurt
Jell-o (with fruit)
Rice Krispies Treats®
Fat-free popcorn (94% fat free)
Fruit, nut and/or grain trail mixes
Musselman's Fruit & Sauce®
Del Monte Fruit & Gel®
Kid Sense Fun Packs®
100 Calorie Packs®
Right Bites®

MIX IT UP!

Bread/Crackers with peanut butter
Crackers with low-fat cheese & meat
Fruit with low-fat yogurt
Vegetables with low-fat ranch dressing
Tortilla chips with salsa
Frozen yogurt with fruit sauce
Celery with peanut butter and raisins
Banana with peanut butter
Graham sticks with milk

2010-2011 4th Grade Schedule

8:15	First bell, Students arrive, breakfast served
8:25	Second bell, students have finished breakfast, in desk, Pledge of Allegiance, Attendance.
8:30	Gym—Mr. Kalkbrenner or Music—Mrs. Gylland
8:55	Gym—Mr. Kalkbrenner or Music—Mrs. Gylland
9:20	Milk/Juice Break— Students may bring a snack
9:30	Reading/English
10:30	Math
11:40	Wash Hands
11:45	Lunch and Recess
12:25	AR Reading—Drinks
12:45	Language Arts/RTI
1:10	Rotation— Science—Mrs. Gilbertson Social— Mrs. Anderson Health— Mr. Hinsz
1:40	Break
1:50	Rotation 2
2:20	Rotation 3
2:50	Assignment Books, ITV, AR Reading, Clean Up
3:05	Mail Box, Back Pack
3:10	Dismiss

GENERAL 4TH GRADE EXPECTATIONS

Your child should arrive AFTER 8:15. Children who arrive earlier are to go to the SUPERVISED area in the gym which is open by 7:30 a.m. Enter through the gym doors by the parking lot. Children who arrive much before 8:15 are UNSUPERVISED if they are waiting outside. Breakfast is offered between 8:15 and 8:30.

*** Please look over the section in the Parent/Student Handbook that was sent to you in the mail concerning the student dress code. We will be following the handbook guidelines in allowing appropriate dress for students during the school year. If you have any questions feel free to contact the school.**

SPELLING

Most units are introduced on Monday with a workbook activity. Tuesday is a review day. On Wednesday we have the midweek test. If your child earns a 100% on Wednesday they will get to go outside during Friday's test. Friday is final test day only if your child didn't get 100% on Wednesday. A copy of next week's words and a homework activity will be given out at the end of the day on Friday. Your child may study the next spelling unit's words over the weekend.

MUSIC

Mrs. Gylland is the instructor. She grades on participation, effort, and classroom cooperation. If an assignment is given, an instruction sheet will explain the assignment.

PHY.ED

Mr. Kalkbrenner is the instructor. He grades on participation, effort, and good sportsmanship. A doctor's note is needed if your child is not going to participate. Each child needs to have appropriate shoes for this class.

READING

Your child will have his or her homeroom teacher for reading. Grades reflect scholastic achievement, assignment completion, participation, and cooperation. If they read 30 books within their assigned AR level and pass the quizzes or earn 100 points during the school year, they will earn the Book Club Certificate. If they achieve their AR goal all four quarters they will earn the AR Club Certificate. Accelerated Reading is considered a supplement to the regular reading series, and is included as part of their achievement grade.

SCIENCE

Mrs. Gilbertson is the instructor. Grades are determined by accuracy on the occasional worksheets assigned, participation, and observation. Highlights include a study of Living Things, Animals, Plants, and Body Systems. Instruction is supplemented with "3-2-1 Classroom Contact" and a variety of interesting scientific videos.

HEALTH

Mr. Hinsz is the instructor. Grades are determined by accuracy on assignments, participation and observation. Emphasis will be on self-esteem, friendships, and healthy living.

SOCIAL STUDIES

Mrs. Anderson is the instructor. Emphasis is on United States geography and the people that live in a variety of regions. Notes are given in class for the periodic assignments and tests. There are a variety of videos to supplement the study of immigration to the United States.

ART

We have a variety of art lessons incorporated into our curriculum. Many of the completed art projects have been ENTERED IN THE COUNTY FAIR...and have won ribbons!!! We expect the projects to be completed and encourage originality.

WRITING

Mrs. Anderson, Mr. Hinsz, and Mrs. Gilbertson will instruct the students in the 6 Traits of Writing. The students have had some experience with the traits already and will continue to learn about the traits of good writers. They will explore a variety of ways to express themselves using the written language. They will also prepare the students for the four types of writing used by the statewide assessment. Cursive writing skills will be reviewed early in the year and emphasized throughout the year.

MATH

The children will have their homeroom teacher for math. All students need to know the basic addition, subtraction, multiplication, and division facts. They should know how to tell time and count money. Periodic tests and quizzes are given in addition to daily assignments.

HOMEWORK

Most assignments given can be completed in class. There are times when this is not enough time. Homework is allowed to be taken home and is encourage in 4th grade. **YOUR CHILD NEEDS TO REMEMBER TO BRING THEIR SCHOOL MATERIALS BACK TO SCHOOL EACH DAY.** We have found a book bag is a good organizational tool. All assignments are written on the chalkboard for easy reference. The school is usually open until 5:30 in the event homework is forgotten. Please check with a custodian and have a parent accompany a child when entering the building after regular school hours.

ASSIGNMENT BOOK

All 4th graders will receive an assignment book. This is our main way your child will communicate to you the daily class assignments and special school announcements. Parents need to review this book with their child each night. Please initial the daily page to show that you have reviewed that day's assignments. If parents do not see this assignment book nightly, then something may be wrong at school!!!

PARENTS NEED TO INSIST TO SEE THIS ASSIGNMENT BOOK EACH DAY AND SIGN IT!

MEDICATION

The health aide will dispense all medications. Teachers are not allowed to dispense any medication. The proper paperwork must be filled out (it is available in the school office). The medication must be in a pharmacy labeled container or over the counter packaging. Medication will not be given unless it is in its appropriate container.

4TH GRADE SUPPLIES

Pencils	wide lined paper	crayons (24 or more)
Markers	scissors	white glue/glue sticks
Facial tissue	ruler	watercolor paints

Please label any personal items with a colorfast marker.

**Students will not be allowed to use any electronic device while in school.
(i.e. gameboys, cell phones RC vehicles, special toys, valuables,
collectibles, etc.)**

4TH GRADE RULES

- 1. Students will participate in all class activities and complete assignments to the best of their ability on time.**
 - 2. Students will be prepared for classes on time with all assignments completed and all books, paper, and pencils on their desk.**
 - 3. Student will not do anything in class that will disrupt another student.**
 - 4. Students will be responsible for their own actions by keeping hands and feet to self, no name calling, etc.**
 - 5. Students will cooperate with ALL school personnel.**
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**THE 4TH GRADE RULES ARE BASED ON OUR
DISTRICT WIDE CODE OF CONDUCT
BARNESVILLE PUBLIC SCHOOLS
*CODE OF CONDUCT***

Respect-*Be considerate of self, others, their beliefs and their property.*

Responsibility-*Be accountable in words and actions.*

Honesty-*Be truthful in all you say and do.*

Safety-*Be safe in words, actions and choices.*

Commitment-*Be loyal and dedicated to your school and community*

IF A RULE IS BROKEN....

1. The student will get a verbal warning.
 2. If the student continues to participate in an inappropriate behavior, the teacher will discuss the situation privately with the student. A note will be sent home in the child's assignment book. When an occurrence of the behavior is deemed to have happened more than is appropriate for 4th grade level, the student has been talked to by the teacher, and has not made the necessary improvement to the behavior, a Refocus Plan will be filled out by the student and a copy sent home to be signed and returned.
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3. Sometimes a teacher has to act quickly and decisively to stop a student's disruptive behavior. Severe misbehavior calls for an immediate consequence that will remove the students from the classroom for the safety of other students.(i.e. fighting, defying a teacher, displaying a weapon, or in some way stopping the entire class from functioning)

IF STUDENTS FOLLOW THE RULES THEY WILL EARN...

1. Students will earn praise.
2. Students will earn classroom awards.
3. Students who behave appropriately will earn free time, or Reward Time for not having their name in the teacher's book.
4. Students may earn an award at the end of the year for appropriate behavior during the entire school year.

Please read the "Handbook for Parents" sent earlier by the school district to answer any questions you may have that are not answered here. Please feel free to call the school if you have any questions. (354-2300)

Let's have a great year!

Lisa Gilbertson

Tracy Hinsz

Laura Anderson

**Please read this handbook with your child. Sign and return the slip
below to the homeroom teacher.
(Cut here and return this part to your teacher!)**

**I have reviewed this FOURTH GRADE HANDBOOK with my child. I WILL
REVIEW THE DAILY ASSIGNMENT BOOK WITH MY CHILD.**

(Parent or guardian's signature)

(Date)